

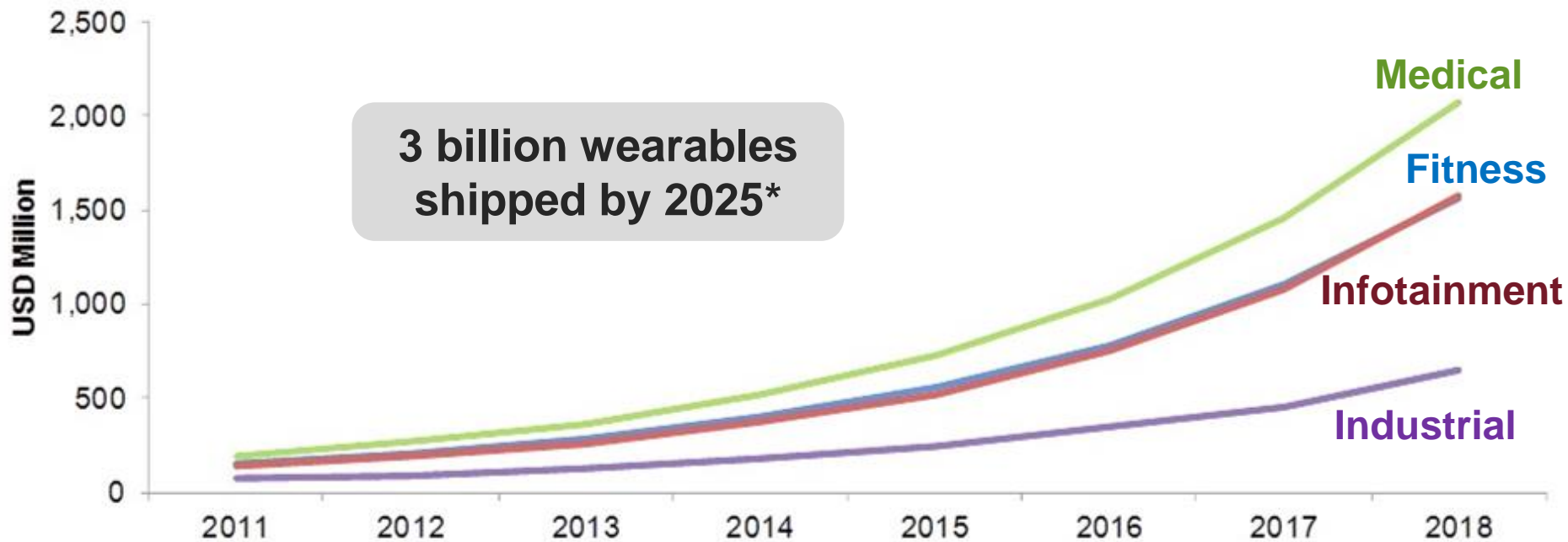
Wearable Chemical Sensors: Opportunities and Challenges

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and Patrick P. Mercier

UC San Diego



Wearables: an exciting high-growth market



*IDTechEx 2015 Report

Source: Transparency Market Research

Why aren't we there now?



Size & Usability:

Need to develop sensors that are small & seamlessly integrated into daily life

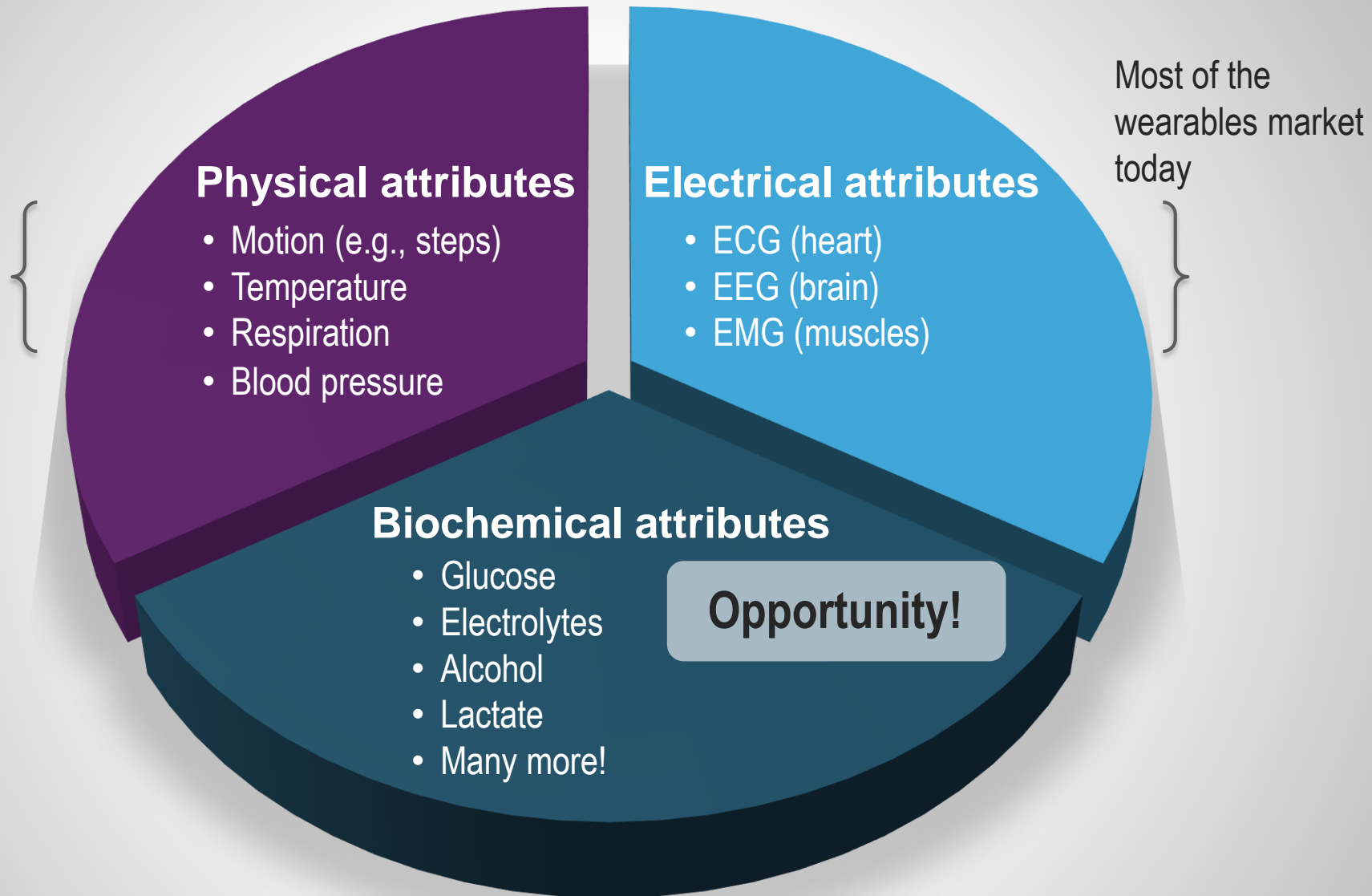
Battery Life:

Need ultra-low-power and/or energy harvesting to minimize re-charging

Utility:

Need to develop sensors that are actually useful

Wearable sensing opportunities





Painful / inconvenient blood draws

Example: lactate monitoring for athletes

Staying below the “lactate threshold”
important for endurance training



Phosphagen system

8-10 seconds (100 m)



Glycogen-lactic acid system

1.3–1.6 minutes (400 m)



Aerobic respiration

Unlimited time (15 Km)

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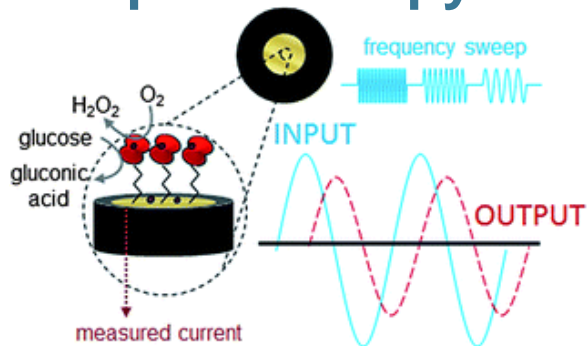
Current state-of-the-art testing
method:



Non-invasive and/or
continuous sensing is required

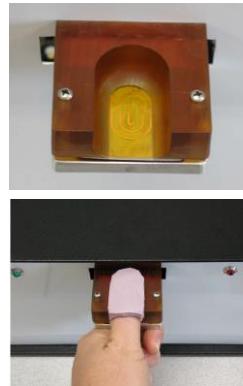
Non-Invasive Chemical Biosensing Techniques

Bioimpedance Spectroscopy



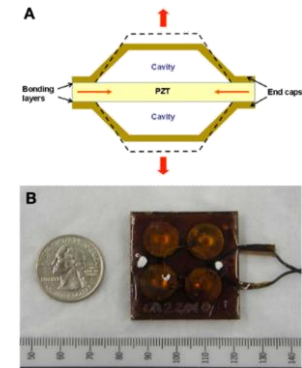
Adamson et. al. Analyst 2012

mm-wave Detection



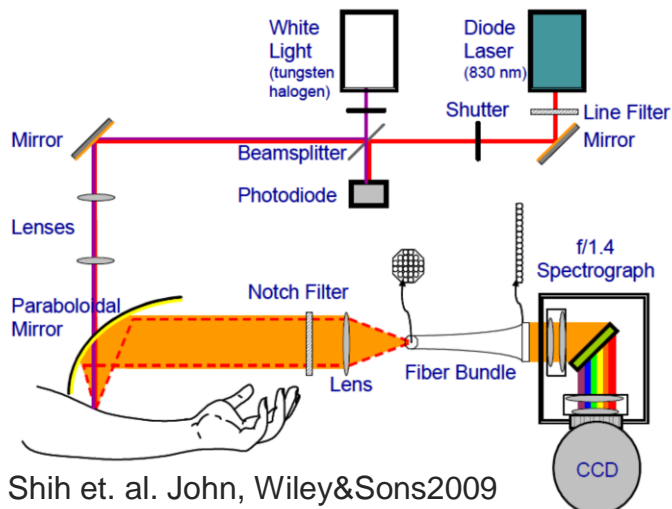
Jean et. al. SAS IEEE 2008

Ultrasound



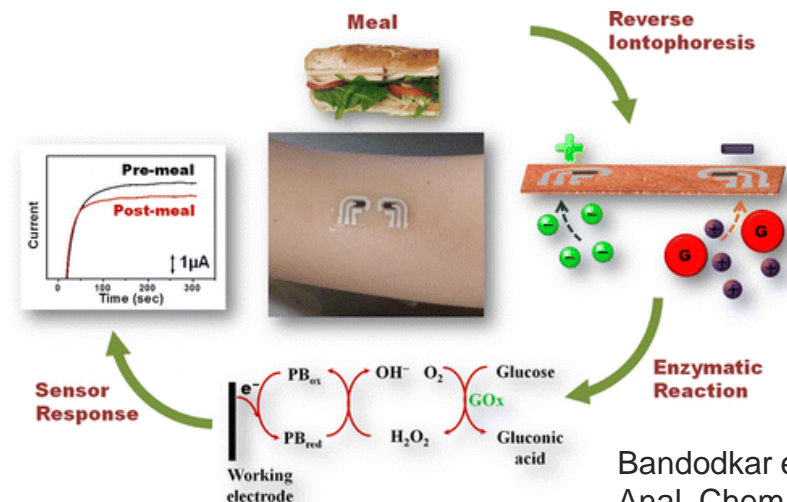
Park et. al. J Diabetes Sci Technol, 2009

Raman Spectroscopy



Shih et. al. John, Wiley&Sons2009

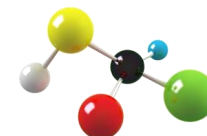
Electrochemical



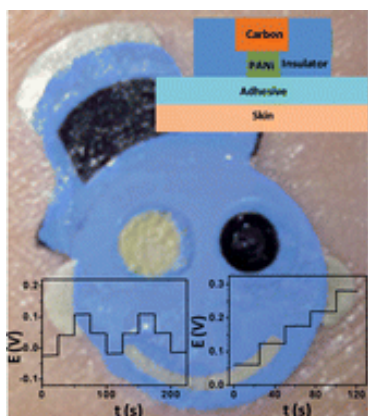
Bandodkar et. al., Anal. Chem. 2015

Electrochemical Biosensors

Chemical communicate via ions, electronics via electrons.
Electrochemical biosensors operate by measuring electrons as the output of redox reactions. Three main types of sensors:

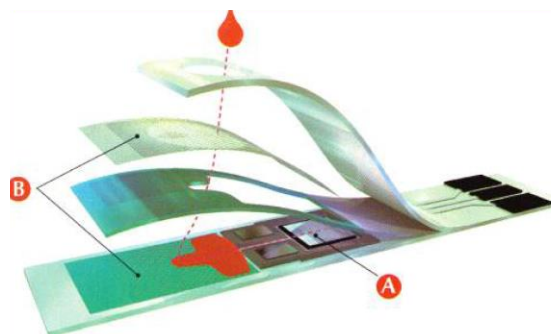


Potentiometric



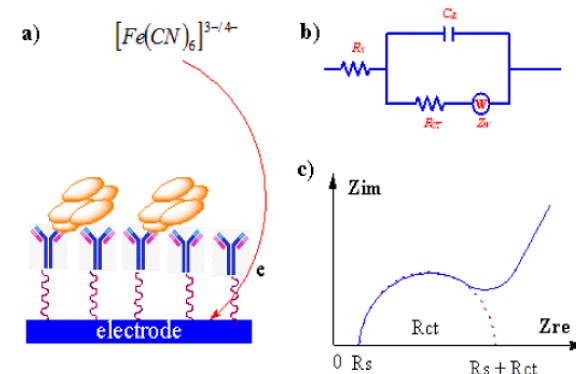
Bandodkar et. al.,
Analyst. 2013

Amperometric



Wang, Chem. Rev. 2008

Electrochemical Impedance Spectroscopy (EIS)



Lien et. al., Biosensors &
Bioelectronics, 2011

Measures:

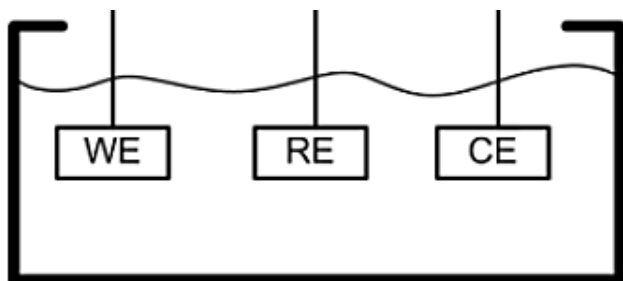
Voltage

Current

Complex Impedance

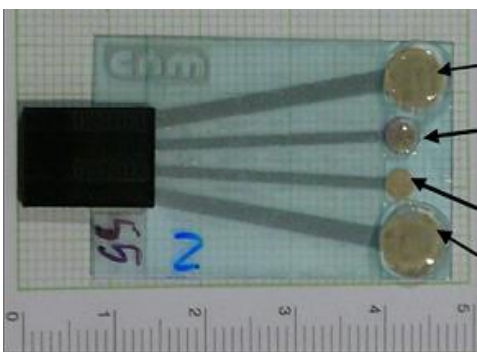
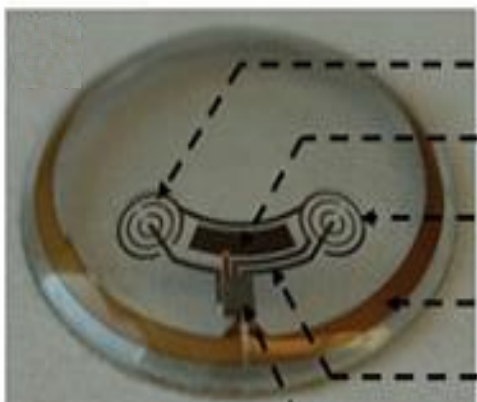
Proportional to underlying concentration of chemical analyte

Biosensor Fabrication

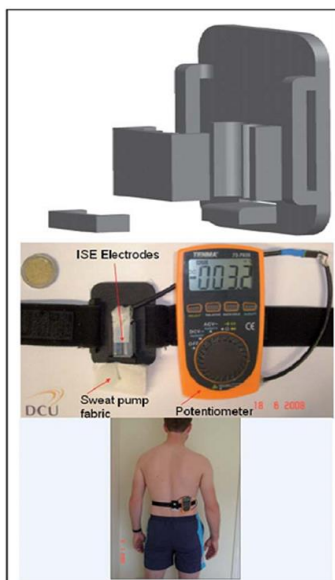


Most electrochemical biosensors rely on two- or three-electrode systems: a working electrode (WE), a reference electrode (RE), and sometimes a counter electrode (CE). Electrodes are functionalized for analyte specificity, and can be fabricated on many different materials:

Plastics



Textiles

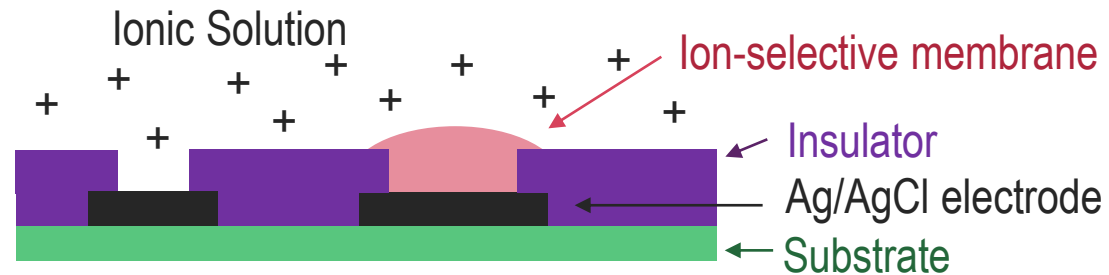


Temporary Tattoos



Instrumentation Circuits: Potentiometric Biosensors

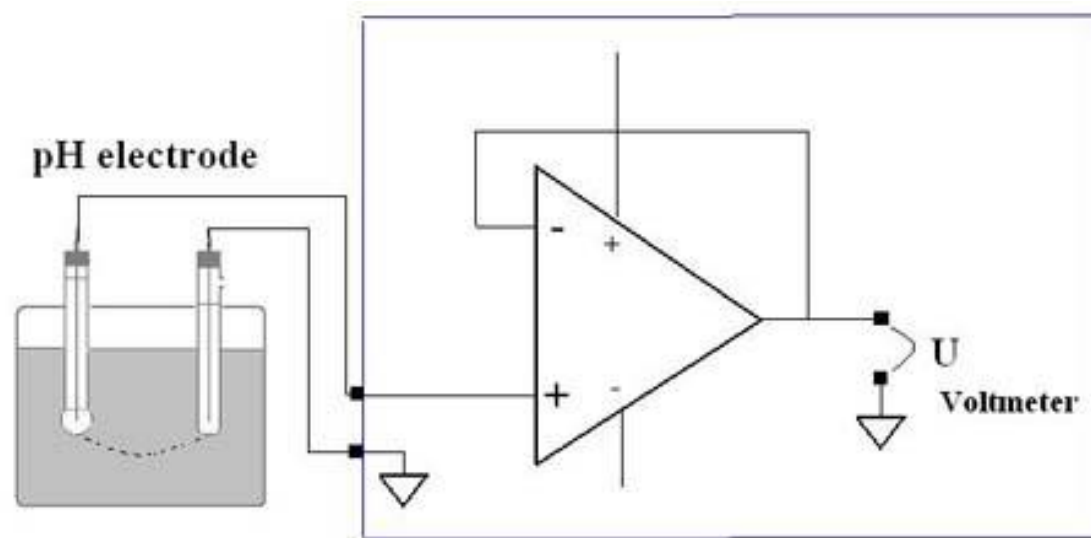
Example: measure the voltage between a reference electrode and an electrode with an ion-selective membrane coating



Applications: pH, K^+ , Na^+ , Cl^- , etc...

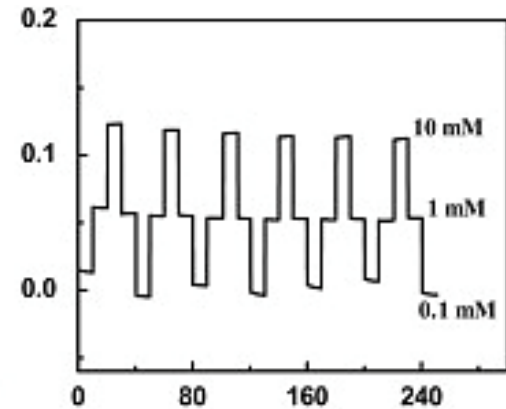
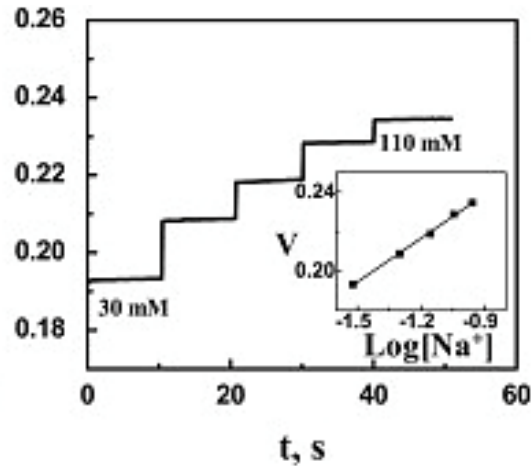
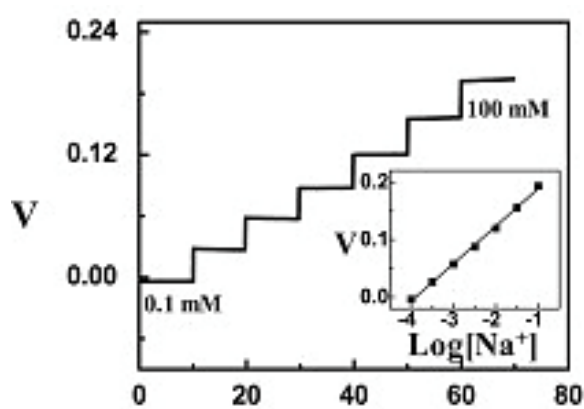
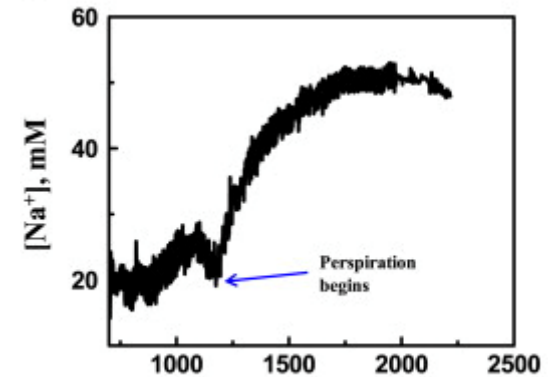
Typical Instrumentation Amplifier Requirements:

- ☐ **Voltage range:** 0-400mV
- ☐ **Noise:** several μV
- ☐ **Bandwidth:** < 100Hz



Example: a wearable sodium sensor tattoo

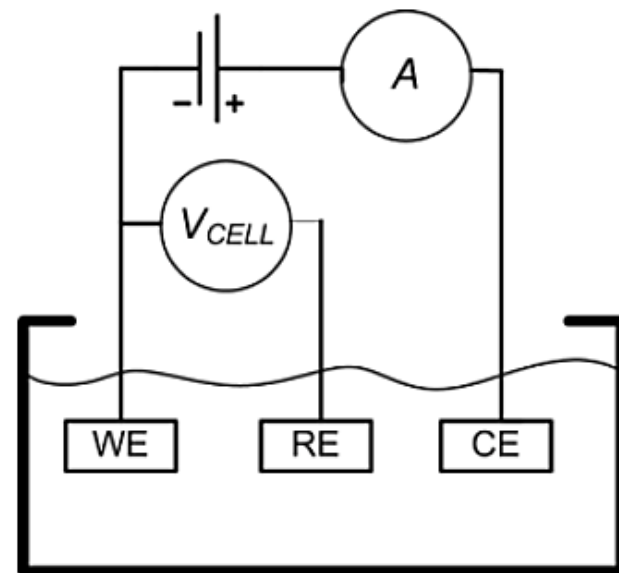
Enables real-time measurement of sodium in sweat



Amperometric biosensors: sensing metabolites

Selectivity: working electrode functionalized with an enzyme that catalyzes a reaction with the metabolite to be sensed, which then transfers e^- to an ISE underneath

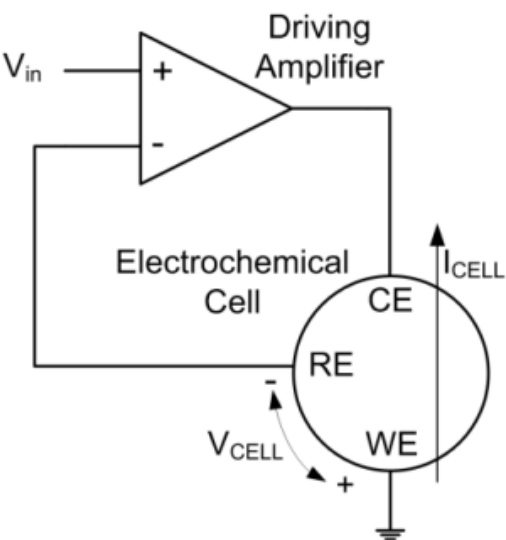
Operating principal: enzymatic reaction occurs at specific voltage \rightarrow apply voltage, measure resulting current \rightarrow proportional to analyte concentration



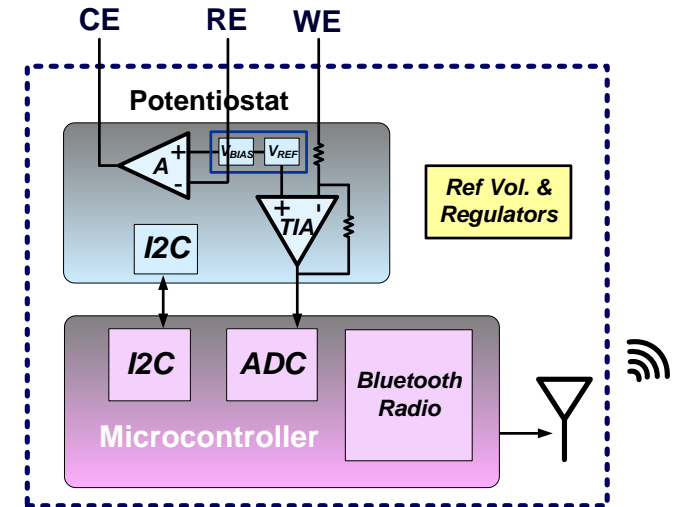
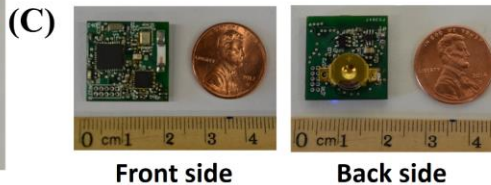
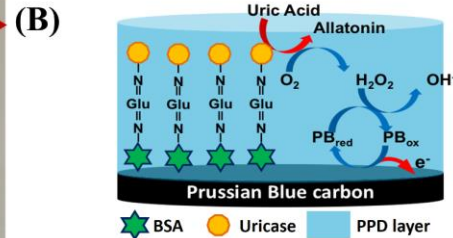
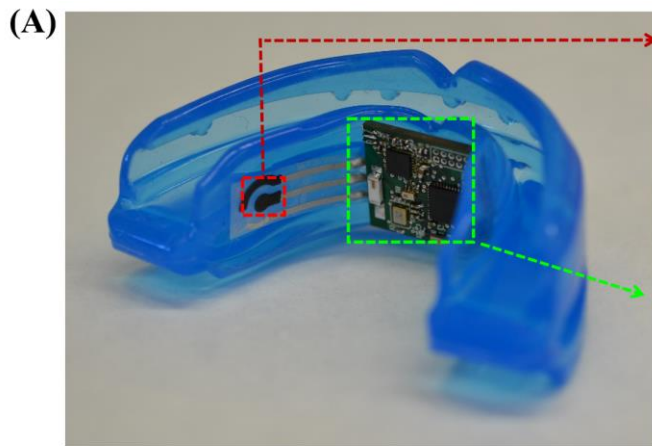
Circuit: potentiostat used to condition the cell; current sensor (e.g., TIA) to sense current, often through the counter electrode to not disturb cell potential

Typical Requirements:

- ☐ **Voltage range:** $\pm 1V$
- ☐ **Current range:** fA - μA
- ☐ **Noise:** lower current range
- ☐ **Amp. voltage gain:** $> 10^4$



Example System: A Saliva-Sensing Mouthguard (1)



J. Kim et al., Biosensors & Bioelectronics, 2015

Fitness applications

Measure **Lactate** for
Stress / Exertion



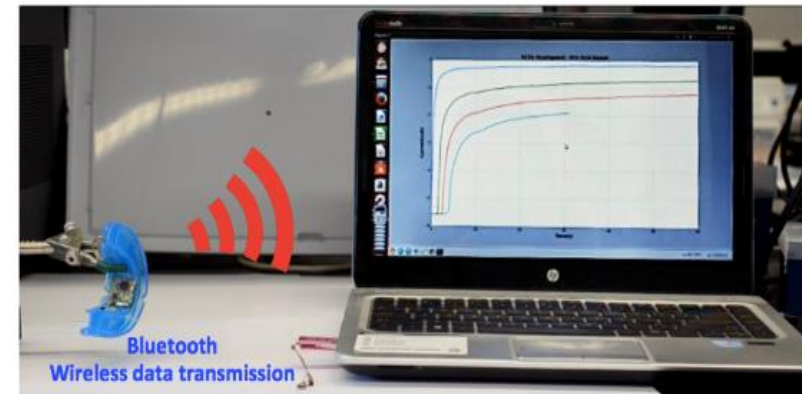
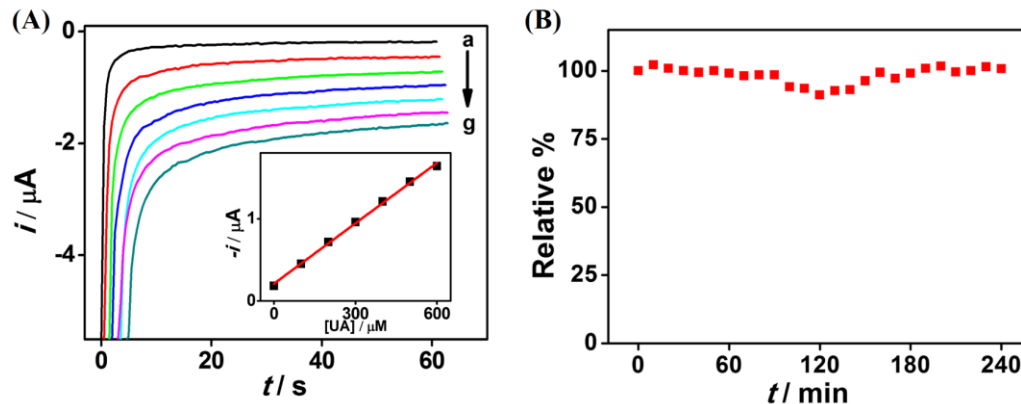
Health applications

Measures **Uric Acid** for
Hyperuricemia

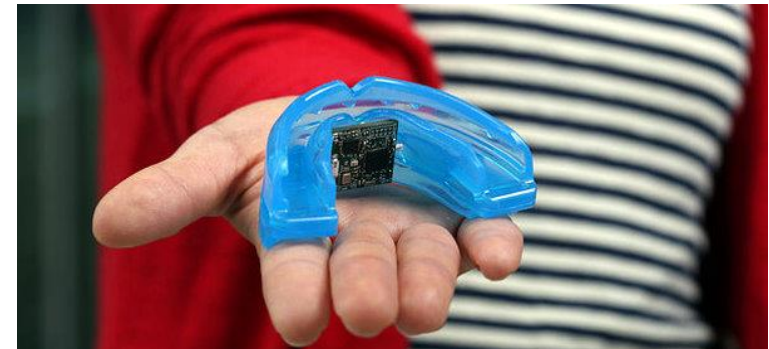
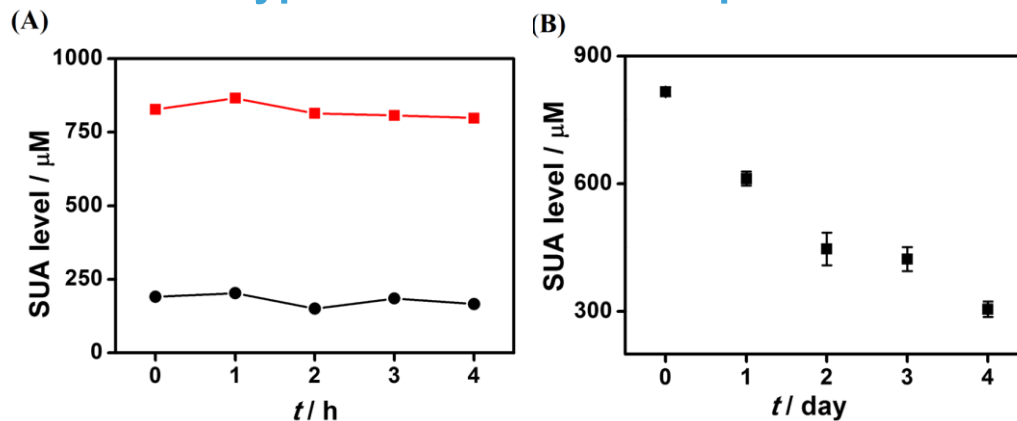


Example System: A Saliva-Sensing Mouthguard (2)

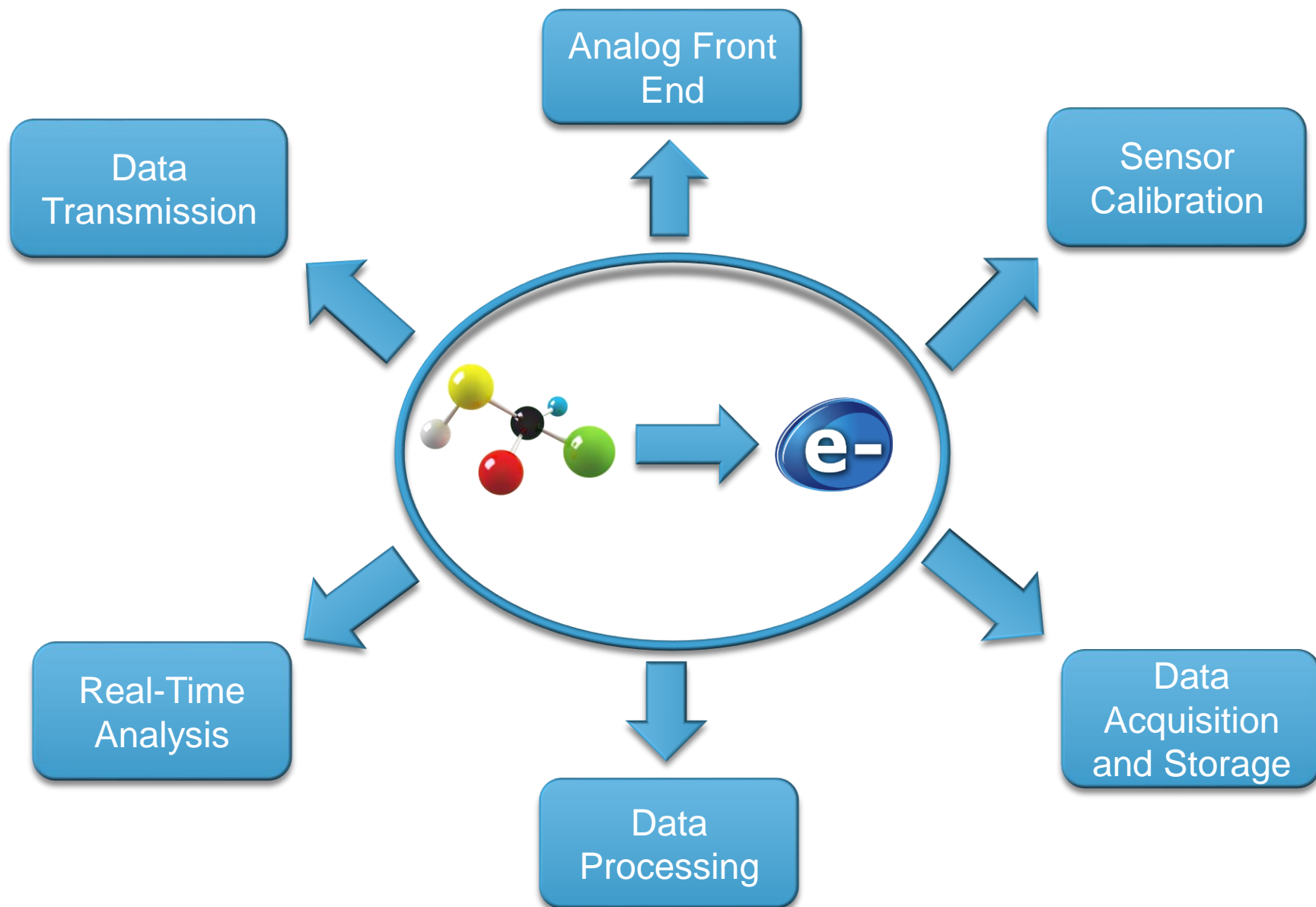
Characterization of integrated wireless mouthguard biosensor



Monitoring treatment of hyperuricemia with Allopurinol®



Chemical biosensing system considerations





Challenge: Efficient Calibration for Operation in Complex Fluids

Selectivity: ISEs are not perfectly selective
→ other ions in solution will affect measured potential

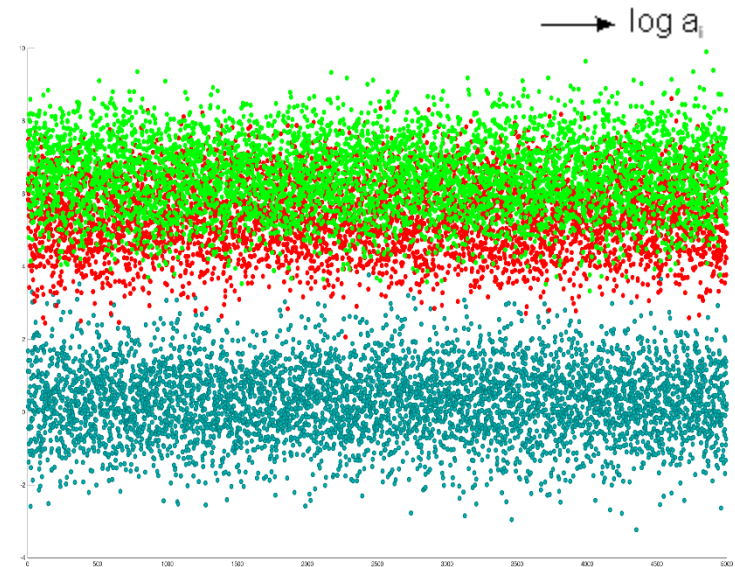
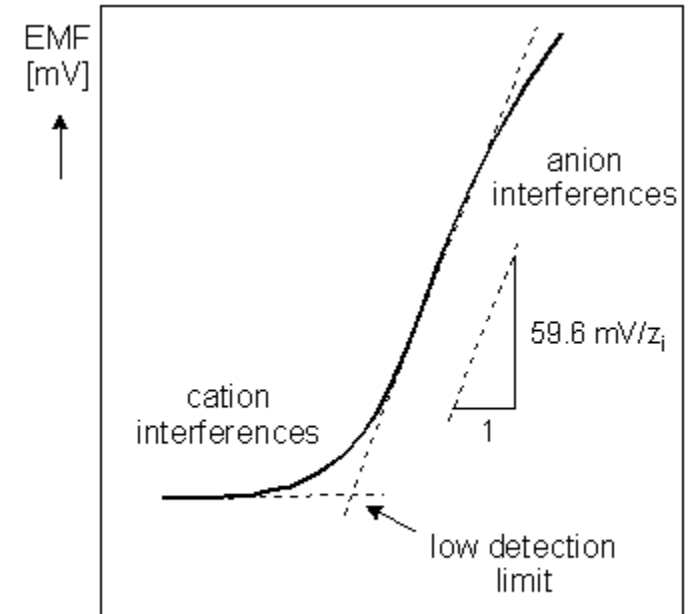
$$V = V_0 + \frac{RT}{z_i F} \ln \left(a_i + \sum_j k_{ij} a_j^{\frac{z_i}{z_j}} \right)$$

Finite selectivity coefficients

Challenge: may require significant calibration with many analytes to represent real (complex) fluids

Opportunity: leverage machine-learning to quickly infer selectivity coefficients

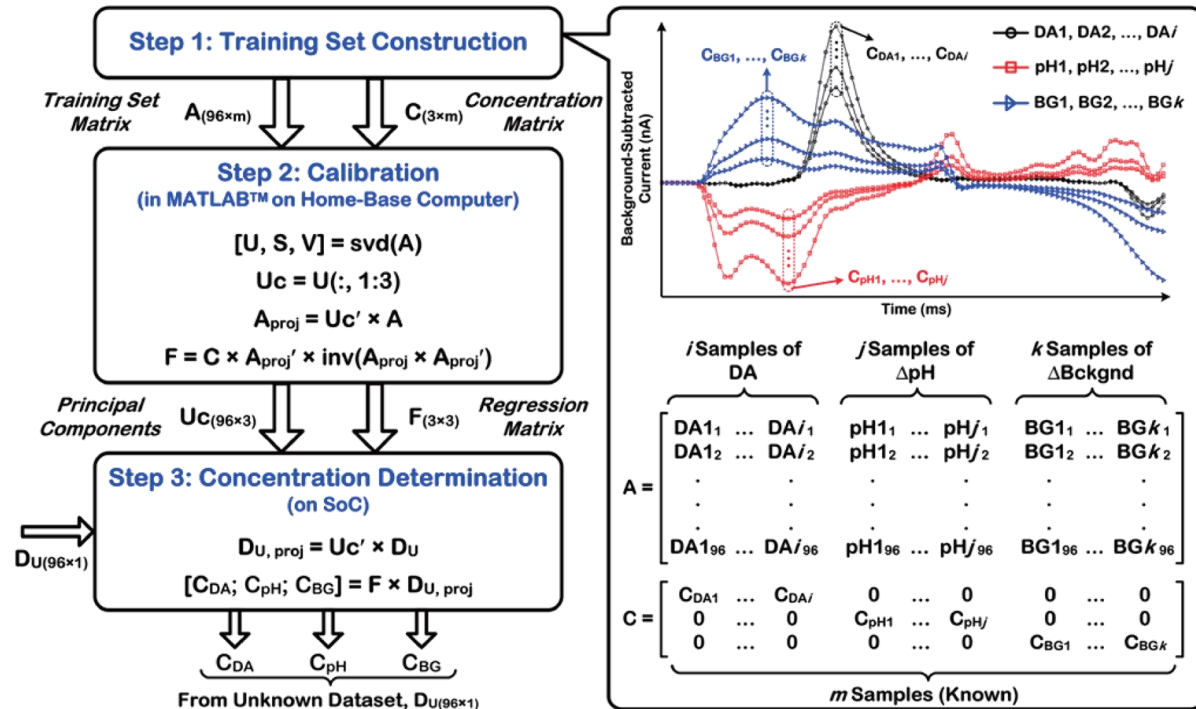
Location: calibrate and/or process on-device, in the fog, or in the cloud



Example: dopamine monitoring in complex fluids

Challenge: dopamine sensors vary with pH and background interferers

Solution: in-sensor principal component regression (PCR)-based chemometrics to infer dopamine concentration



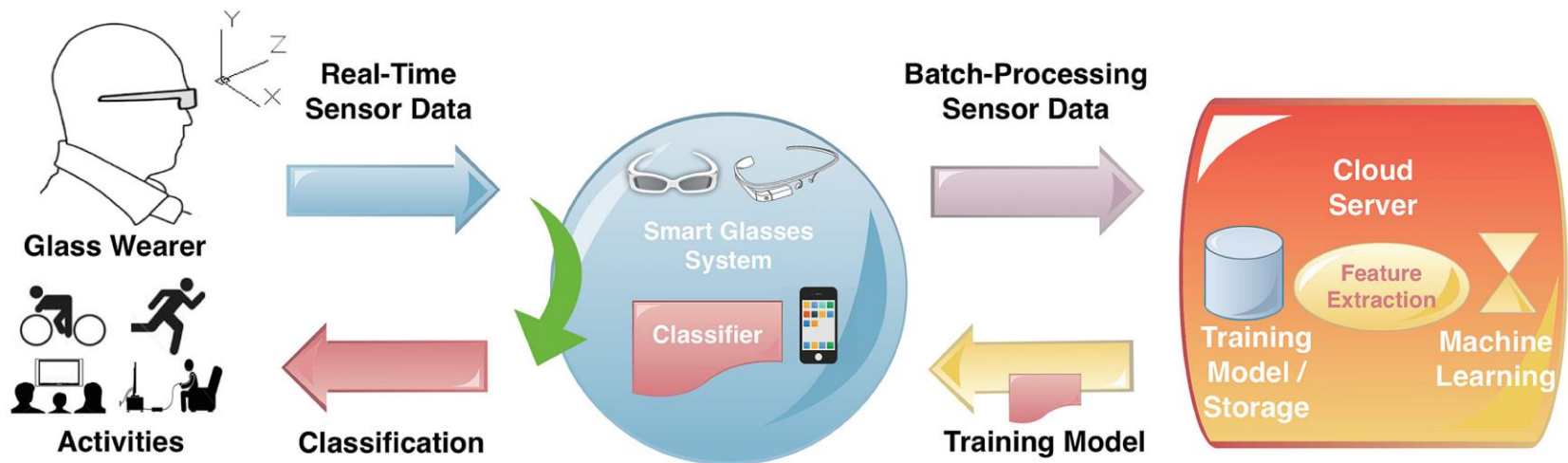
Bozorgzadeh et. al., VLSI, 2015

Leverage multi-variate analysis to improve specificity in complex environments

Data analytics

- Real-time chemical data is generally not available today. We don't know what kind of correlations to expect – analytics will help

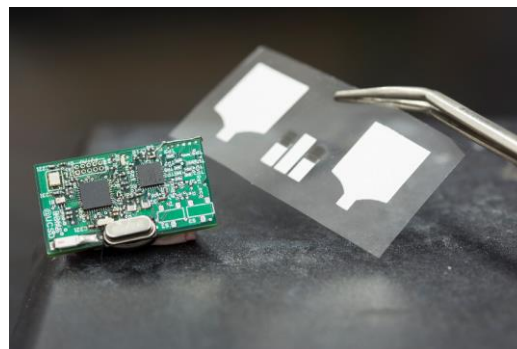
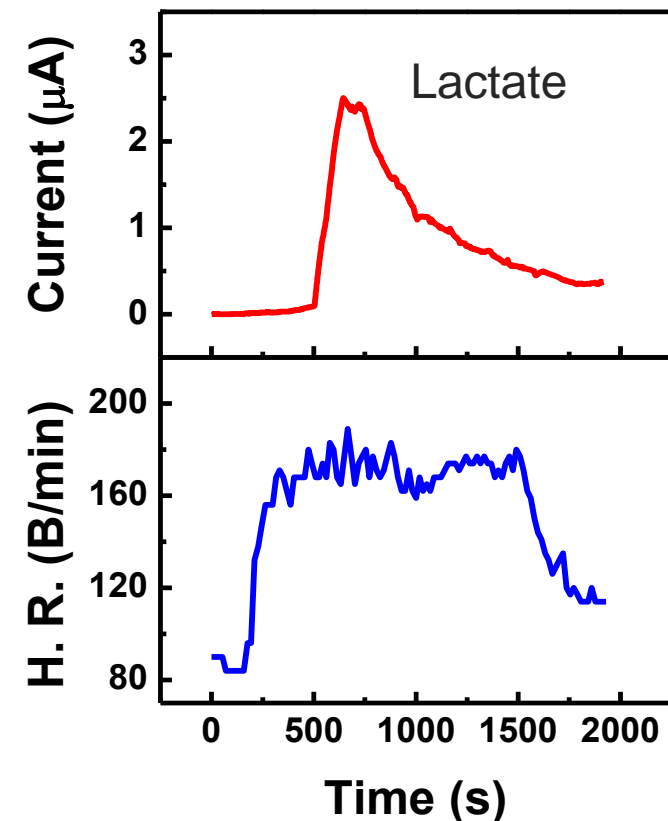
Example: classifying user's head motions to recognize activities according to wearable sensor data from the smart glasses



Ho and Wang, User-Centric and Real-Time Activity Recognition Using Smart Glasses, 2015

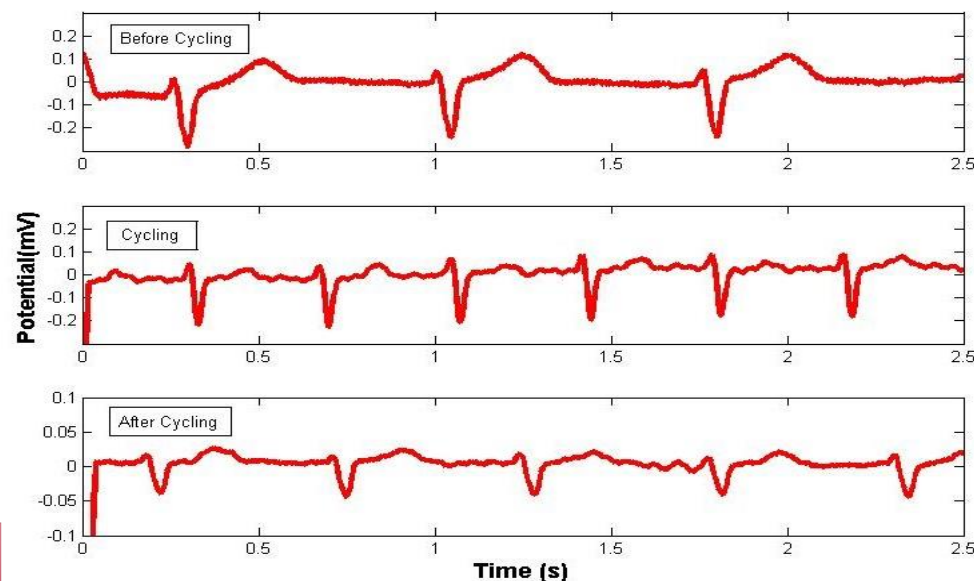


Simultaneous & continuous, real-time lactate and ECG sensing



First demonstration of simultaneous chemical+electrophysiological sensing in a wearable patch

Opportunities for data analytics





Conclusions

- Current wearable sensors have limited utility
- Introduction of chemical sensing can augment utility across a number of applications spaces:
 - High-end athletes
 - Diabetic patients
 - General-purpose “tricorder-like” monitoring
- There are many challenges:
 - Sensor fabrication on soft wearable materials
 - Miniaturized, low-power electronics
 - Low-cost calibration
 - Interference & longevity
 - Analytics & inference

Can be solved with big-data analytics & machine learning

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